



Creating a community where athletes with developmental disabilities thrive.

### About Spirit League

At Spirit League, it is more than the score. We work on the fundamentals of each sport while focusing on team building and social skills. We serve athletes with developmental disabilities from 6 to 30 years old. These disabilities primarily include autism spectrum disorders, down syndrome, traumatic brain injury and cerebral palsy. Over 55% of athletes play more than one sport and we are committed to providing financial assistance to up to 15% of registered players.

### Youth Program (6 to 22 years)

10-week seasons

- Baseball: January to March
- Basketball: April to June
- Soccer: September to November

### Adult Program (18-30 years)

Seasons Vary

- Bowling: January to February
- Basketball: April to June
- Volleyball: July to August

**Online registration starts two months prior to opening day.**

